



## Fundraising ideas

### **Pledge your birthday**

Make your next celebration a truly rewarding experience and pledge your birthday, wedding or event to fundraise for Team MS. Instead of presents, ask for donations.

### **Donation tins in local businesses**

Put an MS Society donation tin in your workplace for customers to drop their spare change into. Also consider asking your local takeaway shop, gym or hairdresser to put a donation tin on their counter.

### **Get your sporting club involved**

If you're involved in a sporting club or team, think about hosting a charity match and passing donation tins around during the games. Have the sporting announcer/umpire make an announcement prior to the game so the crowd knows what you are trying to fundraise for.

### **Sausage sizzles and bake sales**

Stick to the classics and have a sausage sizzle or bake sale. Try to get ingredients donated or discounted by businesses and set up stalls outside shopping centres, at your local park or community hall. You could even bake up some sweet treats to sell at school, work or club meetings.

### **Take on a personal challenge**

Get your peers to sponsor you to do something out of the ordinary or just plain funny. Some suggestions might be doing something daring such as bungee jumping, running a marathon, or shaving or colouring your hair.

### **Hold a raffle**

Organise a raffle for the MS Society within your school, workplace or local community where local businesses and individuals offer up desirable items or services.

*"Our mum was diagnosed with MS in 2013. We have decided to run five marathons in five consecutive days to raise money and awareness for MS. The support we have received from the MS Society has been phenomenal and we would not be where we are now with the fundraising without their unrelenting support." - Josh and Jaydn, Team MS fundraisers*

### **Wear red day**

Get your schoolmates or work colleagues involved and have a casual dress day, crazy hair day or bad tie day for a gold coin donation.

### **Sell your handmade goods**

Can you knit or are you handy with craft paper? Consider selling handmade items such as knitted scarves and hats, handmade jewellery, paintings or sketches, or small things such as bookmarks and occasion cards.

### **Join an event**

Swim, read, walk or run and fundraise for people living with MS. The MS Society runs many fundraising events throughout the year. There is something for everyone to take part in and make a difference.

### **Personal donations**

Consider donating a small percentage of your pay (or allowance) to the MS Society. Speak to your HR department about having this automatically deducted from your pay.

### **Put on a concert or showcase**

Do you know some local bands or performers that would be interested in getting on stage for a good cause? Think about what interests your community and host an event they'd loved to come along to. Try to get things like your venue and catering donated by local businesses.

### **Host a quiz night**

Put your thinking caps on and organise a quiz night at your local pub or community club. You can find trivia questions and scorecards online.

"I've organised a couple of small car shows before and I thought why not go big scale and do a car show for MS with catering and a band, and other activities on the day. My wife's got MS and I just thought it would be something I could give back in a small way for the years of service we've had from the MS Society." – Karlo, Team MS fundraiser

Thank you for taking the first step on your Team MS fundraising journey! Big or small, any fundraising you do is very much appreciated by the MS Society SA & NT and people living with MS. For more ideas or advice on how to get started please email us at [events@ms.asn.au](mailto:events@ms.asn.au) or call (08) 7002 6500.

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